



PHOTO BY STEPHEN INGRAHAM



COSTA RICA

POINT & SHOOT PHOTOGRAPHY: RAIN & CLOUD FORESTS

with Stephen Ingraham | November 29 - December 7, 2020

Discover the abundant neotropical birds and other wildlife inhabiting this small but biodiverse country. Journey to the Caribbean lowlands of the Sarapiquí rainforest and the high elevation habitats of San Gerardo de Dota. Between the majestic Great Green Macaw, colorful tanagers and energetic hummingbirds, learn to let the camera do all the work it can for you, as you enjoy and capture some of Central America's most beautiful birds and landscapes.

SPECIAL PROMO: SAVE \$100!

Join two Costa Rica Point & Shoot Photo programs back-to-back! Join this trip and "Costa Rica: Osa Peninsula & Las Cruces with Stephen Ingraham," December 7 – 15, and save \$100.

PROGRAM HIGHLIGHTS

- Look for some of the country's most sought-after birds on guided walks.
- Explore the trails of Selva Verde Lodge's 500-acre rainforest reserve with a regional bird expert for the chance to see the endangered Great Green Macaw.
- Visit the Organization for Tropical Studies La Selva Biological Station, where more than 450 avian species have been recorded.
- Take part in optional activities like a Sarapiquí River boat ride, river rafting or horseback riding.
- Visit the home of Cope, wildlife artist and photographer, chance to explore his natural photo studio.

ITINERARY

BLD = BREAKFAST, LUNCH, DINNER

NOVEMBER 29 - SAN JOSÉ

Upon arrival at the San José International Airport, after clearing customs and collecting your luggage, you will be met and transferred to your hotel. Arrival times may vary, so your evening meal will be on your own. Check-in starts at 3 pm. *Overnight at Hotel Bougainvillea.*

NOVEMBER 30 - SARAPIQUÍ

Early birding around the hotel grounds. After breakfast, have an orientation with your guide, then check out of the hotel and depart for La Paz Waterfalls and Cinchona. Have lunch at La Paz and visit the hummingbird gardens and butterfly farm. Continue to Selva Verde Lodge & Rainforest Reserve. This afternoon, take a hike in the reserve with your guide. Protecting 500 acres of rainforest, Selva Verde offers many covered walks, birding trails, and lookout points. Selva Verde provides opportunities to see species such as the Keel-billed Toucan, Great Green Macaw, White-winged Becard, Sunbittern, Acadian Flycatcher, and Wood Thrush. Boots are available for use if the trails are muddy. Take an optional walk after dinner to discover nocturnal frogs and insects. *Overnight at Selva Verde Lodge. (BLD)*

DECEMBER 1 - SARAPIQUÍ

This morning, depart early for the Organization for Tropical Studies La Selva Biological Station. La Selva is world-renowned for scientific research on rainforest ecosystems and has been studying this forest for more than 50 years. Be on the lookout for the Ornate Hawk-Eagle, Crested Guan, Great Tinamou, Pied Puffbird, and Spectacled Owl as possible sightings. Return to the lodge for lunch. Your afternoon is free to participate in optional activities such as rafting or horseback riding (arranged at the reception after your arrival and paid on-site), to spend time by the pool, or to look for avian visitors in Selva Verde's botanical garden area. Later this afternoon, enjoy a guided birdwatching hike or take in the river views from the patio overlooking the Sarapiquí River. *Overnight at Selva Verde Lodge. (BLD)*

DECEMBER 2 - SARAPIQUÍ

Enjoy an early excursion to the Nature Pavilion, a 10-acre reserve with several viewing platforms that attract toucans, trogons, tanagers, and 10 species of hummingbird. This afternoon, make a visit to bird and wildlife artist Cope's House to enjoy his natural photo studio with many close-up opportunities. *Overnight at Selva Verde Lodge. (BLD)*

DECEMBER 3 - SARAPIQUÍ

Take a morning boat ride on the Sarapiquí and/or Puerto Viejo Rivers. Spend some time in the town of Puerto Viejo with leisurely return to the lodge for free time this afternoon. *Overnight at Selva Verde Lodge. (BLD)*

DECEMBER 4 - SAN GERARDO DE DOTA

Travel to the Savegre Valley with lunch en route. Afternoon time to relax and enjoy the hummingbird feeders. *Overnight at Savegre Lodge. (BLD)*

DECEMBER 5 - SAN GERARDO DE DOTA

Spend a full day seeking out the Resplendent Quetzal and other birds to photograph around the grounds of the lodge and around the area. Savegre's private biological reserve protects high-elevation habitat of mostly oak forest and highland cloud forest that attracts a huge variety of avifauna. The large centennial oaks are laden with lichens and mosses that contrast with the colorful bromeliads and 170+ bird species. Elevation here is 7,200-8,000 feet. *Overnight at Savegre Lodge. (BLD)*

DECEMBER 6 - SAN GERARDO DE DOTA

Have another day in the San Gerardo area to explore the high elevation cloud forest. Possible sightings include the Red-fronted Parrotlet, Costa Rican Pygmy-Owl, Dusky Nightjar, Silvery-fronted Tapaculo, Ochraceous Pewee, Silvery-throated Jay, Black-and-yellow Silky-flycatcher, Volcano Junco, and Timberline Wren. *Overnight at Savegre Lodge. (BLD)*

DECEMBER 7 - FAREWELL!

This morning you will be transferred to the San José International Airport for your afternoon flight departure. Flights should be scheduled to depart after 1 pm. Should you be continuing your touring with Stephen in the Osa Peninsula and Las Cruces, you will be transferred to Hotel Bougainvillea to begin your next adventure! (B)

ABOUT YOUR LEADER



STEPHEN INGRAHAM

Steve Ingraham was the Birding Product Specialist for ZEISS Sports Optics for 12 years. He has been an avid nature photographer from boyhood. He is the author of Point and Shoot Nature Photography (Amazon books), maintains the Point and Shoot Photographer blog and website (psnp.info), and teaches the Point and Shoot method and philosophy

of nature photography at workshops worldwide. "Let the camera do all the work it can for you, so you can concentrate on seeing and capturing the best of nature!"

PROGRAM PRICING

\$1,895 (based on 10 participants)

Price includes entrance fees, private vehicle transportation, full-time guide, meals, accommodations, and activities as mentioned, bottled water on the bus, and departure tax.

Cost does not include gratuities, items of a personal nature or international airfare.

TRAVEL PROTECTION

Holbrook Travel purchases Travel Protection on behalf of all participants. These plans help provide coverage once the trip has departed and offer benefits for Baggage/Personal Effects, Accident & Sickness Medical Expenses, Emergency Evacuation and more. Refer to the Plan Document for more details.

Optional additional coverage is available in the form of the Group Deluxe Plan, which offers benefits for Trip Cancellation/Interruption, in addition to many other insurance benefits and non-insurance assistance services. If interested in this optional plan, we can provide you with rates and plan details.

THE FINE PRINT

Cost is based on double occupancy; for a single room throughout the trip add \$355 per person. A \$200 per person deposit and enrollment form are required to reserve your space. This deposit is refundable until August 26, 2021 (excluding a \$100 cancellation fee), at which time non-refundable final payment is due.

FOR MORE INFORMATION OR TO ENROLL:

Contact Sandy Schmidt at schmidt@holbrooktravel.com or 877-907-5360 | Visit holbrook.travel/ingraham-cr21